

## Review

# The kallikrein world: an update on the human tissue kallikreins

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## Abstract

Human tissue kallikreins (hKs) are attracting increased attention owing to their association with various forms of cancer and other diseases. Human tissue kallikrein genes represent the largest contiguous group of proteases within the human genome. There are many areas of kallikrein research that need to be further explored, including their tissue expression patterns, their regulation, identification of specific substrates, their participation in proteolytic cascades, and their clinical applicability as cancer biomarkers and therapeutic targets. In this review, we briefly describe the current status of kallikrein research and identify future avenues that will enhance our understanding of their function and involvement in human diseases.

**Keywords:** cancer; clinical applications; proteolytic cascade; regulation; serine proteases.

## Introduction

The last decade has witnessed a wealth of new information on human tissue kallikreins, including the identification of all members of this serine protease family, the discovery of the kallikrein locus, understanding of the regulation of their expression and their biological functions, and their role in cancer biology and other disorders. These accomplishments have been thoroughly chronicled in three extensive reviews, as well as in many research articles (Yousef and Diamandis, 2001; Borgono and Diamandis, 2004; Borgono et al., 2004). The autumn of 2005 saw the 1st International Kallikrein Symposium

In this article kallikrein genes are denoted as *KLK1* ... *KLK15* and kallikrein proteins as hK1 ... hK15, in accordance with the currently approved nomenclature (Diamandis et al., 2000b). Regarding a recommendation for future nomenclature of kallikrein gene-derived proteases, see the article 'A comprehensive nomenclature for serine proteases with homology to tissue kallikreins' by Lundwall et al., this issue pp. 637–641.

in Lausanne, Switzerland, giving researchers an opportunity to discuss their findings. In this review we summarize the current status of kallikrein research and the ongoing efforts to understand their physiological functions and associations with human diseases.

## Historical perspective

Of the 178 human serine proteases, accounting for the 32% of all proteases, the human tissue kallikreins represent the largest contiguous cluster of protease genes in the human genome. *Human kallikrein 1 (hK1)*, *human kallikrein 2 (hK2)* and *prostate-specific antigen (PSA, hK3)*, were the first members of this family to be studied, with hK1 showing abundant levels in the pancreas (derived from the Greek 'kallikreas'), from which these genes derived their name (Kraut et al., 1930). Between 1994 and 2001, the kallikrein family expanded to include 15 genes and a complete description of the human kallikrein locus was reported. The newly identified kallikreins share significant similarities to the hK1, hK2 and PSA kallikreins, and include *human stratum corneum chymotryptic enzyme (HSCCE) /hK7*, *normal epithelial cell-specific gene 1 (NES1)/hK10*, *protease M/zyme/neurosin/hK6*, *neurosin/TADG-14/hK8*, *trypsin-like serine protease (TLSP)/hippostasin/hK11*, *prostase/KLK-L1/ARM1/PRS-S17/hK4*, *human stratum corneum tryptic enzyme (HSTCE)/KLK-L2/hK5*, *KLK-L3/hK9*, *KLK-L4/hK13*, *KLK-L5/hK12*, *KLK-L6/hK14*, and *prostinogen/hK15*, as well as the first kallikrein pseudogene,  $\Psi$ *KLK1* (Yousef and Diamandis, 2001; Yousef et al., 2004). These newly discovered kallikreins all map to the same chromosomal region (19q13.4) as the three classical kallikreins.

## Kallikrein locus and gene structure

The organization of the human kallikrein locus has been extensively described in several reviews; the locus spans approximately 300 kb on the long arm of chromosome 19 in the cytogenic region 13.4 (Yousef et al., 2000). The *KLK* genes are bound centromerically by the testicular acid phosphatase gene (*ACPT*) and telomerically by *Siglec-9* (a member of the sialic acid-binding immunoglobulin-like lectin family). These flanking genes have no structural or functional relationship to the human kallikreins. The *KLK* genes are tightly grouped and arranged tandemly without any intervention by any non-*KLK* genes. The three classical kallikreins and *KLK15* are clustered in a 60-kb region, followed by the pseudogene  $\Psi$ *KLK1*, and the 11 other *KLK* genes, with the direction

of transcription of all genes from telomere to centromere, with the exception of *KLK3* (PSA) and *KLK2*.

All the *KLK* genes share many common characteristics, including: five coding exons, similar or identical coding exon lengths, and conserved protease catalytic triad residues His, Asp and Ser in exons 1, 3 and 5, respectively. Most *KLK* genes also have a number of splice variants and/or alternative transcriptional start sites. With the exception of *KLK14*, all kallikreins have at least one alternative transcript, exclusive of their reference form, with *PSA* followed by *KLK13* having the highest number of alternative transcripts (Kurlender et al., 2005). Most of these alternative *KLK* transcripts are predicted to code for truncated proteins as a result of a frameshift in the coding sequence or an in-frame deletion. The biological and physiological significance, if any, of truncated hK proteins or the regulation of alternative *KLK* transcripts is unknown.

*KLK* transcripts code for a single-chain serine protease pre-proenzyme. The hK proteins, in addition to conservation of their catalytic residues, share an overall amino-acid sequence identity of 40–80%, with the highest degree of similarity between hK2 and PSA. Along with sharing common elements at the genomic level, all hK proteins possess a signal peptide, so that all hK pro-forms (zymogens) are expected to be secreted. Table 1 lists the amino acid residues around the activation site of all hKs. With the exception of hK4, all have a pro-peptide ending in Lys or Arg, suggesting that these zymogens are activated by enzymes with trypsin-like activity. The majority of hK proteins (hK1–2, hK4–6, hK8, hK10–14) have an Asp residue in their binding pocket (or Glu for hK15), indicating that they have trypsin-like substrate specificity. According to the most recent investigation (Malm et al., 2000), PSA cleaves at chymotryptic sites, but also after Gln, Asn and His – an activity that is unique or perhaps could be defined as extended chymotrypsin-like. Similarly, hK7, also known as stratum corneum chymotryptic enzyme, also contains an Asn in the catalytic pocket. It has recently been shown that pro-hK proteins can serve as substrates for activated hKs. The functional significance of this phenomenon is discussed later.

### Analytical measurement technologies

To facilitate quantitative analysis of kallikrein expression, technologies that can accurately measure kallikreins from different biological sources have been developed. Currently, two well-established technologies are in use to identify and measure kallikrein expression, RT-PCR and ELISAs. Initial kallikrein expression was assessed using RT-PCR to detect the presence of any individual kallikrein transcript directly from a tissue source. Much of the tissue expression profiles, along with steroid hormone studies of kallikrein gene regulation, took advantage of this simple and highly sensitive technique. However, because hK proteins are secreted into the extracellular matrix and fluids, ELISAs were developed to measure protein concentration from a wide variety of biological samples, such

**Table 1** Amino acid cleavage sites required for kallikrein activation.

Kallikrein	Predicted hK activity	hK amino acid position				
		P3	P2	P1	P1'	P2'
hK1 and hK2	Trypsin-like	Q	S	<b>R</b>	I	V
hK3	Chymotrypsin-like	L	S	<b>R</b>	I	V
hK4	Trypsin-like	C	S	<b>Q</b>	I	I
hK5	Trypsin-like	S	S	<b>R</b>	I	I
hK6	Trypsin-like	Q	N	<b>K</b>	L	V
hK7	Chymotrypsin-like	G	D	<b>K</b>	I	I
hK8	Trypsin-like	E	D	<b>K</b>	V	L
hK9	Chymotrypsin-like	D	T	<b>R</b>	A	I
hK10	Trypsin-like	D	T	<b>R</b>	L	D
hK11	Trypsin-like	E	T	<b>R</b>	I	I
hK12	Trypsin-like	T	P	<b>K</b>	I	F
hK13	Trypsin-like	S	S	<b>K</b>	V	L
hK14	Trypsin-like	E	N	<b>K</b>	I	I
hK15	Trypsin-like	G	D	<b>K</b>	L	L

Activation occurs by cleavage after the amino acid shown in bold (single letter code).

as serum and seminal plasma. To date, ELISAs have been developed for all hK proteins except for hK9, hK12, and hK15 (Table 2).

hK ELISAs have contributed to our understanding of the potential importance of hKs in cancer biology. Thus, many hKs have been identified as new biomarkers for several different forms of cancer. The same technologies are beginning to implicate hKs in several non-cancer diseases, such as skin disorders, diabetes and neurodegenerative diseases. The role of hK proteins in cancer biology is further elaborated in other sections.

### Tissue expression

Using Northern blot, RT-PCR, and ELISA methodologies, it has been shown that tissue kallikreins are expressed in multiple organs. Interestingly, groups of *KLK* genes are often expressed within a specific tissue. For example, *KLK2*, *KLK3*, *KLK4*, *KLK5*, *KLK11*, and *KLK15* mRNA and/or proteins are found in the prostate. In addition, almost every kallikrein is expressed in the salivary gland, while other groups are found in the skin (*KLK5*, *KLK7*, *KLK8*, *KLK9*, *KLK11*, *KLK13*, and *KLK14*), breast (*KLK3*, *KLK4*, *KLK5*, *KLK6*, *KLK8*, *KLK10*, *KLK13*, *KLK14*), pancreas (*KLK1*, *KLK10*, *KLK12*), and the central nervous system (*KLK5*–*KLK9*, *KLK11*, *KLK14*). hK proteins have also been found in biological fluids such as serum, seminal plasma, and milk of lactating women, confirming that these are secreted proteins. Tissue-specific expression patterns have also been identified for a few alternative *KLK* transcripts. Some splice variants of both *KLK2* and *KLK3* seem to be exclusively expressed in the prostatic epithelium. In addition, splice variants of *KLK4*, *KLK8*, and *KLK13* are frequently found in the skin. The expression of multiple kallikreins within several tissues indicates the existence of a complex coordinating regulatory mechanism that links their expression to their downstream physiological function (reviewed by Borgono et al., 2004).

**Table 2** ELISAs used in the present study.

Kallikrein	Coating/detection antibody	Dynamic range to (ng/l)	Detection limit (ng/l)	Reference
hK2	Mono/mono	2 000	6	Black et al., 1999
hK3	Mono/mono	2 000	1	Ferguson et al., 1996
hK4	Mono/poly	20 000	100	Obiezu et al., 2002
hK5	Mono/mono	25 000	100	Yousef et al., 2003a
hK6	Mono/mono	50 000	100	Diamandis et al., 2003
hK7	Mono/mono	20 000	200	Kishi et al., 2004
hK8	Mono/mono	20 000	200	Kishi et al., 2003
hK10	Mono/mono	20 000	50	Luo et al., 2001b
hK11	Mono/mono	50 000	100	Diamandis et al., 2002
hK13	Mono/mono	20 000	50	Kapadia et al., 2003
hK14	Mono/poly	20 000	100	Borgono et al., 2003

Mono, monoclonal mouse antibody; poly, polyclonal rabbit antibody.

## Regulation of *KLK* gene expression

### Hormonal regulation

The regulation of gene expression by steroid hormones plays an important role in the normal development and function of many organs, as well as in the pathogenesis of endocrine-related cancers. A number of experiments in endocrine-related tissues, in both cell culture and *in vivo*, have shown that most, if not all, *KLKs* are under steroid hormone regulation.

By far, the *KLK* for which regulation by steroid hormones has been most thoroughly studied is *KLK3*. Initially, two androgen response elements (ARE-I and ARE-II) were identified in the upstream promoter region (-170 and -400 bp), functionally tested and found to be active in LNCaP, a prostate cancer cell line (Riegman et al., 1991; Cleutjens et al., 1996). An additional ARE was found at -4316 bp, which induced a dramatic increase in *KLK3* transcription in comparison to ARE-I and ARE-II (Schuur et al., 1996). AREs have also been identified in *KLK2*, including one at position -170 bp and another in an enhancer region approximately 3000 bp upstream from the transcriptional start site, a similar organization of regulatory elements to *KLK3* (Murtha et al., 1993; Yu et al., 1999). Along with androgen sensitivity in prostate cancer cell lines, *KLK2* and *KLK3* expression is also up-regulated by androgens and progestins in the breast cancer cell lines BT-474, T-47D and MFM 223 (Magklara et al., 2000). *KLK4* was also found to be up-regulated by androgens in the prostate cancer cell line LNCaP and the breast cancer cell line BT-474. Putative AREs have been identified in the immediate upstream promoter region of *KLK4*, although they have not been functionally tested. Such similarities could account for the shared expression patterns observed between these three genes, especially in androgen-sensitive organs such as the prostate (Obiezu et al., 2002, 2005).

Of the remaining kallikrein genes, many show sensitivity to steroid hormones in various cancer cell lines. Most notable are *KLK6* and *KLK10*, which are highly responsive to estrogens in breast cancer cell lines (Yousef et al., 1999; Luo et al., 2000, 2003a). However, promoter deletion analysis of these two genes could not identify any functional response elements, either in immediate upstream promoter sequences or in potential enhancer

regions, to mediate transcriptional activation by steroid hormones. Difficulties that have arisen from traditional analysis of promoter deletion constructs include the possibility that transcriptional gene activation may require the coordinated binding of a number of coactivating factors along with the hormone receptor or be mediated indirectly via other hormone-dependent activated *trans*-acting factors (Luo et al., 2003a).

More recently, several studies suggest the possibility that signal transduction pathways may influence the hormonal regulation of kallikrein gene expression. The traditional understanding of androgen receptor (AR)-induced gene expression simply relied on binding of the hormone to the receptor and binding of the complex to the ARE upstream of the gene. The AR has been shown to be activated by several pathways, including MEK through the RAS pathway, AKT kinases and PKC, which sensitizes the receptor to low circulating levels of androgen (Blok et al., 1998; Lin et al., 2001; Rochette-Egly, 2003). Using RAS effector-loop gain-of-function RAS mutant stable cell lines, it has been shown that constitutive MEK activation can hyper-induce PSA protein expression in LNCaP cells under normal levels of androgen (Bakin et al., 2003). It is currently being investigated whether other kallikreins are also influenced by the RAS-MEK-ERK signal transduction pathway.

It is interesting to note that many kallikreins show both coordinated tissue and hormone-regulated gene expression. It is not clear whether these 'cassettes' of kallikrein expression are regulated by the same or different molecular mechanisms within the cell or tissue. The possibility exists for a single or multiple transcriptional control loci that would coordinate kallikrein expression in groups.

### Transcriptional control by DNA methylation

Epigenetic control of kallikrein gene expression through DNA methylation is another means by which *KLKs* have been shown to be regulated. The most widely characterized kallikrein to be regulated by this mechanism is *KLK10*. This kallikrein gene has been shown to be down-regulated in breast cancer and lymphoblastic leukemia as a result of hypermethylation of CpG islands within exon 3 of the gene. *KLK10* DNA methylation control has also been shown *in vitro* in a wide variety of cancer cell lines (Li et al., 2001; Sidiropoulis et al., 2005). There is

emerging evidence that *KLK6* may also be regulated by a similar mechanism in breast cancer cells. DNA methylation control of other kallikreins is quite preliminary and varies between different cancer cell lines (G. Sortiropoulou, personal communication, and our unpublished data).

### Kallikrein dysregulation in cancer

Much has already been alluded to in this review about the up-regulation of several kallikreins in different cancers. Overall, carcinogenesis is a complex process that is a result of alterations in gene expression. One of the goals of cancer research is to identify these alterations and to determine their effects on tumor phenotype. All 15 kallikrein genes show differential expression patterns in many cancers (primarily endocrine or hormone-related cancers) at the mRNA and protein levels. Identifying gross genetic aberrations within the kallikrein locus of diseased tissues that show kallikrein dysregulation is also currently being examined. We briefly analyze the role of kallikreins in ovarian, breast and prostate cancers.

**Ovarian cancer** Ovarian cancer is a common malignancy among women in North America. It has been shown that *KLK4*, 5, 6, 7, 8, 10, 11, 13, 14, and 15 are overexpressed in ovarian carcinoma tissues, serum, and cell lines at either the mRNA or protein level or both (Obiezu and Diamandis, 2005). In particular, *KLK4* and *KLK5* mRNAs have been shown to be overexpressed and are indicators of poor prognostic outcome in grade 1 and grade 2 tumors, suggesting that these genes are associated with more aggressive forms of ovarian cancer (Kim et al., 2001; Obiezu et al., 2001). *KLK6*/hK6 appears to be one of the most promising ovarian cancer biomarkers among the kallikreins. Initially discovered by differential display to identify serine proteases with a strong expression pattern in ovarian cancer cell lines and ovarian carcinomas, the work was followed by examining hK6 protein expression in 44 ovarian tumors. Upon comparison with 10 normal ovarian tissues, it was shown that hK6 was overexpressed more often in tumors. Ovarian cancer patients who show high levels of hK6 protein in serum are not responsive to chemotherapies and have lower disease-free and overall survival (Diamandis et al., 2000a, 2003; Tanimoto et al., 2001; Hoffman et al., 2002). At the genetic level, Southern blot analysis of ovarian tumor samples suggests that amplification of the *KLK6* gene may be a possible explanation for the dysregulated expression of hK6 (Ni et al., 2004).

*KLK10*/hK10 is another kallikrein that is an unfavorable ovarian cancer prognostic/predictive biomarker. Overexpression of hK10 protein was observed in primary ovarian tissue lysates and mRNA by *in situ* hybridization and was also overexpressed in tumor tissue versus normal epithelial or stromal cells. A study of ovarian cancer tissue extracts indicated that high concentrations of hK10 were significantly associated with serous histotype, advanced stage, and large residual tumor size. hK10 protein levels are also found in high concentrations in the serum of the majority of ovarian cancer patients in comparison to healthy controls (Luo et al., 2001a; Shvartsman et al., 2003; Yousef et al., 2003b). Other data indicate that for stage III and IV patients, hK10 was an

independent indicator of reduced overall and progression-free survival. Taken together, all these studies suggest that hK10 is a new serological marker for diagnosis and monitoring of ovarian cancer. Combination of hK6 with CA125 (a well-characterized and widely used ovarian cancer marker) yielded a 21% increase in sensitivity (at 90% specificity) over sensitivity of CA125 alone (Luo et al., 2003b).

Whereas *KLK6*/hK6 and *KLK10*/hK10 are unfavorable markers of ovarian cancer, studies of *KLK11*/hK11 and *KLK13*/hK13 expression have found them to be independent indicators of favorable outcome for overall survival. In these studies, hK11- and hK13-positive tumors were associated with early stage (I and II) of the cancer and complete or partial response to chemotherapy (Scorilas et al., 2004; Shigemasa et al., 2004).

**Breast cancer** Early diagnosis of breast cancer is very important, as 5-year survival rates drop dramatically from 97% for localized tumors to 79% for regionally spread tumors and to 23% for metastatic tumors (Jemal et al., 2004). Many kallikreins have been assessed as prognostic indicators in breast cancer.

Using quantitative RT-PCR analysis, *KLK5* expression was shown to be an indicator of poor prognosis in all patients, as well as in a subgroup of early stage (I and II) tumors (Yousef et al., 2002b, 2003a). hK6 protein is another kallikrein found to be expressed in primary mammary carcinoma cell lines, but it is absent in corresponding cell lines of metastatic origin (Yousef et al., 1999; Pampalakis et al., 2004). It is unclear at the molecular level as to why these kallikreins are up-regulated in breast cancer. *KLK6* and *KLK5* expression in breast cancer cell lines does not seem to be influenced by DNA methylation. As mentioned earlier, we are now realizing that many signal transduction pathways play a role in regulating kallikrein gene expression. It has been found that approximately 30% of all breast cancers either have a deletion or mutation in the gene encoding the tumor suppressor protein phosphatase and tensin homologue deleted from chromosome 10 (*PTEN*). *PTEN* is a negative regulator of AKT function, resulting in increases in cell growth and proliferation. Therefore, it is also currently being investigated as to whether kallikrein gene expression can be regulated through AKT function (DeGraffenried et al., 2004). It is worth noting that *PTEN*-deficient cells are no longer sensitive to current therapeutics agents such as CCI-779 and tamoxifen (Peralba et al., 2003; Noh et al., 2004).

Originally cloned as a putative tumor suppressor, with loss of expression in breast cancer cell lines, *KLK10* has been extensively studied in breast tumors. Study of *KLK10* mRNA by *in situ* hybridization on tissue sections from normal breast, typical and atypical hyperplasia, as well as infiltrating ductal carcinoma, has shown that while all normal and a large majority of hyperplasia samples showed *KLK10* expression, more than half of the ductal carcinoma and 29 of 30 infiltrating ductal carcinomas completely lacked *KLK10* expression (Liu et al., 1996; Luo et al., 2001b). This suggests that loss of *KLK10* expression is required for tumor progression. *KLK14* expression also relates to stage and breast cancer pro-



gression. Analysis of 178 breast carcinoma samples suggested that higher *KLK14* expression was more frequently present in patients with advanced stage disease, indicating that *KLK14* expression is associated with poor prognosis for the disease (Yousef et al., 2002a; Borgono et al., 2003).

**Prostate cancer** As discussed above, several kallikreins are normally expressed in the prostate. PSA is the best prostate tumor-screening marker available to date. This screening tool has shortcomings, one of which is its inability to distinguish between benign prostatic hyperplasia (BPH) and prostate cancer (Rittenhouse et al., 1998; de Koning et al., 2002). Therefore, many kallikreins have been examined at the RNA and protein level as candidate prostate cancer biomarkers.

A study of 90 pairs of non-cancerous and cancerous prostate tissue samples using quantitative RT-PCR showed clear up-regulation of *KLK15* mRNA. Levels of *KLK15* were significantly higher in patients with pT3/pT4 than in pT2 patients (Stephan et al., 2003). This indicates that *KLK15* levels may have utility in assessing the aggressiveness of prostate cancer.

hK11 protein is proving to be another promising novel biomarker for prostate cancer, as ELISA studies showed that this kallikrein is found at highest levels in prostate tissue, as well as in seminal plasma. The levels of hK11 in seminal plasma are comparable to those of hK2, although 300-fold lower than PSA (Nakamura et al., 2003). Analysis of plasma samples from 65 cancer patients has shown that hK11 is elevated in comparison to healthy controls. To investigate whether hK11 could distinguish between BPH and prostate cancer, the ratios of hK11 to total PSA (tPSA) were examined. This ratio was significantly lower in serum from prostate cancer patients than in serum of BPH patients (Stavropoulou et al., 2005). These data indicate that the combination of serum hK11 and total PSA could be used to reduce the number of prostatic biopsies.

## Biological function of kallikreins

The first part of the past decade dealt with the identification, cloning, and characterization of tissue expression of kallikreins. More recently, efforts focused on understanding the physiological and biological functions of kallikreins in different tissues and diseases. Specific degradomic tools have been developed, such as phage display and combinatorial peptide-based specific profiling, to identify specific kallikrein substrates. Phage-display technology allows for the expression of all possible combinations of pentapeptide substrates and screening with selective kallikreins (Wu et al., 2000; Cloutier et al., 2002). Using similar principles as phage display, specific fluorogenic substrates have also been developed to determine the enzyme kinetics of kallikrein activity (Rehault et al., 2002). These methods have allowed for the characterization of highly selective substrates and potential kallikrein biological targets.

Phage-display technology has been applied to examine substrates for hK2, hK14, hK5 and hK8 proteins

(Cloutier et al., 2002; Felber et al., 2005; and our unpublished data). Results from these experiments have identified several substrates that may have physiological relevance to kallikrein-associated disease manifestations, most importantly tumorigenesis. Phage display analysis of hK14 identified specificity towards both trypsin-like and chymotrypsin-like substrates. These substrates also displayed high selectivity for hK14 in comparison to other kallikreins, such as hK1, hK2, and PSA. Many of the substrates identified suggest that hK14 is able to cleave extracellular matrix (ECM) proteins, including laminin  $\alpha$ -5 chain precursor, matrilin-4, and collagen IV (Felber et al., 2005). *In vitro* analysis has shown that hK5, hK6 and hK13 are also able to hydrolyze a variety of ECM proteins, including laminin, fibronectin and collagen I, II, and III (Ghosh et al., 2004; Kapadia et al., 2004a; Michael et al., 2005). Taken together, the discovery that these kallikreins are able to hydrolyze ECM proteins and the dysregulated expression of these proteins in breast and ovarian cancer cells indicate the possibility that kallikreins could contribute to the invasiveness and/or angiogenesis of these cancers. Other kallikreins have already been suspected of favoring migration of cancer cells, such as PSA and hK4. Prostate cancer cells over-expressing these proteins showed both increases in cell migration, linked to loss of E-cadherin, and an increase in vimentin, providing compelling evidence that these kallikreins have a role in prostate cancer progression through their promotion of tumor cell migration (Matsushima et al., 2005).

There are also several non-ECM-related proteins that are hydrolyzed by kallikreins. hK2, PSA, and hK4 may be regulators of the insulin-like growth factors (IGFs) in prostate carcinogenesis. IGF1 and IGF2 are important mitogens involved in regulating cellular proliferation, differentiation, apoptosis, and transformation. The action of IGFs requires their release from IGF-binding proteins (IGFBPs), a family of six proteins that block the binding of IGFs to the IGF1 receptor. It has been shown that hK2 and PSA are IGFBP proteases that can collectively degrade IGFBP2, IGFBP3, IGFBP4 and IGFBP5, resulting in release of IGF1, which in turn can interact with IGF1 receptor, stimulating the growth of normal, stromal, and malignant prostate cells (Cohen et al., 1992; Rehault et al., 2001).

hK5, 6, and 14 are able to cleave and activate protease-activated receptor (PAR) signaling (Oikonomopoulou et al., 2006). PARs are a family of four G protein-coupled cell-surface receptors that are activated by serine proteases by cleavage of their N-terminal extracellular segment, thus revealing a cryptic ligand, which in turn binds to the extracellular receptor domains initiating cell signaling. PAR signaling has been implicated in a variety of physiological processes, including regulation of muscle contraction, inflammation, cell adhesion, metastasis, and proliferation, along with apoptosis (Hollenberg and Compton, 2002). It was shown that these three kallikreins can selectively activate a set of PARs, resulting in PAR-related physiological changes in cellular biology. The evidence that hK proteins are functionally associated and interact with specific cell-surface receptors raises the possibility that they may be able to regulate their own expression through these signal transduction pathways.

Another important substrate of kallikrein activity is uPA. Both hK2 and hK4 can activate uPA, along with hK2 inactivation of plasminogen activator inhibitor 1 leading to activation of uPA (Frenette et al., 1997; Takayama et al., 2001). uPA, when bound to its cell surface receptor, uPAR, converts plasminogen to plasmin, leading to pericellular ECM degradation and the release and/or activation of tumor growth factors.

Finally, another kallikrein substrate subgroup that has been studied are the kallikreins themselves. The possibility that kallikreins can serve as substrates for other kallikreins was alluded to earlier when discussing the cleavage sites for activation (Table 1). It has been shown that hK5 can activate pro-PSA and pro-hK2 (our unpublished data). hK5 can also activate pro-hK7 under *in vitro* conditions (Caubet et al., 2004). Along with activating these enzymes, kallikreins can also deactivate each other by further degrading the protein. hK2 and hK6 have been shown to autoactivate themselves (Mikolajczyk et al., 1997; Magklara et al., 2003; Bayes et al., 2004). Taken together with the above-mentioned substrates, the coordinated 'cassette' expression of kallikreins in specific tissues and their dysregulation in several cancers creates a dynamic environment where the spatial expression of these proteins can have a profound impact on overall cell physiology.

### Kallikrein proteolytic cascades

The idea that kallikrein enzymes participate in cascade pathways originated from the discovery of putative substrates combined with their expression patterns in different tissues. Currently, the functional characterization of a kallikrein proteolytic cascade pathway is being explored in two settings: skin desquamation and semen liquefaction. These pathways are discussed in some detail below.

#### Skin desquamation

In the skin, the degradation of corneodesmosomes leads to desquamation. Moreover, the proteolytic cleavage of extracellular cell adhesion molecules was shown to be important for this process in plantar and non-palmoplantar stratum corneum regeneration. Three extracellular proteins have been described as components of the corneodesmosomes, desmoglein 1 (DGS1), desmocollin 1 (DCS1) and corneodesmosin (CDSN). CDSN is progressively proteolyzed in the stratum corneum, strongly suggesting that its degradation is necessary for cell desquamation. The cleavage of DGS1 is also linked to scale shedding and its persistence is a characteristic of hyperkeratosis. hK5 and hK7 are both highly expressed in granular keratinocytes and are present in the intracellular spaces of the stratum corneum (Komatsu et al., 2003, 2005).

It was found that active hK5 and hK7 could proteolytically cleave CDSN, DGS1 and DCS1, with hK5 also activating pro-hK7. This is the first time that non-classical kallikrein enzyme function has been linked to a specific biological process. In turn, the proteolytic activities of hK5 and hK7 are regulated by their biochemical micro-

environment. Present in the stratum corneum are the serine and/or cysteine protease inhibitors elafin, secretory leukocyte protease inhibitor (SLPI), and lumphoepithelial Kazal-type 5 serine protease inhibitor (LEKTI/*spink5*) (Caubet et al., 2004).

The skin disorder Netherton syndrome is associated with epidermal hyperplasia, in which the stratum corneum is often detached from the underlying epidermis or is entirely missing. The granular layer is frequently absent, revealing a phenotype that appears to result from an increase in cell desquamation. Mutations in *LEKTI* have been found in patients with Netherton syndrome (Chavanas et al., 2000; Komatsu et al., 2002). *spink 5* knock-out mice also mimic Netherton syndrome-like phenotypes (Descargues et al., 2005). *LEKTI* consists of 15 potential Kazal-type serine proteinase inhibitory domains (D1–D15). Different domains of the proteins are able to inhibit different proteases. Full-length recombinant *LEKTI* protein inhibits trypsin, plasmin and elastase. Domains D5 and D6 inhibit trypsin only, and domains D6–D9 inhibit trypsin and subtilisin A, but not plasmin or elastase (Jayakumar et al., 2004; Kreutzmann et al., 2004). It is currently being investigated which domains of *LEKTI* are able to inhibit kallikreins found in the stratum corneum.

#### Semen liquefaction

Much of the data on the role of kallikreins in semen liquefaction are still preliminary; however, what is known to occur is a biological process similar to that observed during skin desquamation. Kallikrein activity in seminal plasma (hK2, PSA, hK5, and hK11) is sensitive to the presence of  $Zn^{2+}$ . These ions stall kallikrein activity until ejaculation (Lovgren et al., 1999; Malm et al., 2000). Upon ejaculation,  $Zn^{2+}$  ions are then redistributed to semenogelin I/II (SEMG1/2) and fibronectin, major extracellular components of semen that carry the spermatozoa. Active kallikreins then hydrolyze SEMG1/2 and fibronectin, leading to semen liquefaction (Lilja, 1985; Jonsson et al., 2005; Michael et al., 2005).

#### Future directions of clinical applications

Figure 1 illustrates the continuing diversity of work related to this unique family of serine proteases. With the use of kallikreins as new biomarkers for the diagnosis and prognosis of cancer, together with the understanding of their regulation and the discovery of substrates, models are being developed to understand their physiological function. Pathways are starting to emerge in our efforts to understand tumor biology as it relates to cell invasion and angiogenesis (Borgono and Diamandis, 2004). Kallikreins are also beginning to represent a promising new source of potential targets for the development of novel cancer therapeutics. Kallikrein inactivation in the processes of skin desquamation and semen liquefaction is also currently being studied. There is also increasing evidence that a group of serine protease inhibitors (collectively known as serpins) may play a role in blocking hK activity.



**Figure 1** Summary of research fronts for kallikrein enzymes.

For a brief discussion, see the text and previous reviews. SNP, single nucleotide polymorphism; ELISA, enzyme-linked immunosorbent assay; ECM, extracellular matrix.

The design of specific kallikrein serpins exploits the flexible reactive-site loop (RSL) of the inhibitors, which is implicated in the interaction with the putative protease. Upon binding of the enzyme and cleavage of the serpin, a covalent bond is formed between the two proteins, irreversibly trapping the protease. The specificity of serpin inhibition depends on both the amino acid sequence and length of the RSL. Several serpins have been identified as inhibitors of kallikrein activity; however, serpin to kallikrein specificity is one of the therapeutic aims of future work (Markland et al., 1996; Kapadia et al., 2004b; Michael et al., 2005). Using phage-display technology in a similar manner as for identifying hK protein substrates, amino acid substitutions were made in the RSL of  $\alpha$ -antichymotrypsin (ACT) to construct novel hK2 specific inhibitors. Several potential serpin inhibitors were identified and tested against other serine proteases, including chymotrypsin, PSA and uPA, with one showing hK2 specific inhibition (Cloutier et al., 2004). The same technology is being used to discover additional kallikrein-specific serpin inhibitors.

Other therapeutic strategies have taken advantage of kallikrein activity or tissue specificity (e.g., PSA in prostate) to deliver tissue-specific toxic genes and induce active immunotherapy using hK-based vaccines. Preclinical investigations have shown that an adenoviral or non-viral/liposomal vector delivery system containing a cell suicide gene under the regulation of prostate-specific *KLK3* promoter and enhancer elements is able to selectively stimulate gene expression within PSA-producing prostate cancer cells, resulting in prostate cancer cell death *in vitro* and inhibition of tumor growth in xenografted mice (Latham et al., 2000; Suzuki et al., 2001; Yoshimura et al., 2001).

Although there is some 'catch-up' to be made with the other kallikreins in the field of therapeutics, the development of clinical assays and biochemical techniques in

combination with the increased understanding of their genetic regulation and biological activities will facilitate a faster transition. These applications will be useful not only in cancer therapies, but also in non-cancer disorders. With much focus placed on serious maladies, the possibility exists of taking advantage of kallikrein function to develop products for more common ailments.

## Acknowledgments

This work was supported by a University-Industry grant to E.P. Diamandis from the Natural Sciences and Engineering Research Council of Canada and IBEX Technologies Inc.

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