

773

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#198

**Hermaphrodiol May Contribute Significantly to the Estrogenic/Androgenic Hormonal Milieu of Breast and Prostate Cancer Cells.** Rachel S. Rosenberg Zand,<sup>1</sup> Eleftherios P. Diamandis,<sup>1</sup> Frank Z. Stanczyk,<sup>2</sup> <sup>1</sup>Laboratory Medicine and Pathobiology, University of Toronto, Toronto, ON, Canada; <sup>2</sup>Obstetrics and Gynecology, University of Southern California, Los Angeles, CA

There has been considerable interest in an unusual C<sub>19</sub> steroid, namely, 5-androstene-3 $\beta$ , 17 $\beta$ -diol ( $\Delta^5$ -diol), because of its possible involvement in the etiology and/or progression of breast cancer. This compound is unusual because it has an androgenic chemical structure, but possesses both androgenic and estrogenic activities; hence,  $\Delta^5$ -diol is sometimes referred to as hermaphrodiol. In vitro studies show that  $\Delta^5$ -diol stimulates tumor growth in MCF-7 human breast cancer cells. Also, we have previously shown a positive association between serum  $\Delta^5$ -diol levels and breast cancer risk in postmenopausal women. Normal postmenopausal women have serum levels of  $\Delta^5$ -diol that are at least 10 times higher than those of E<sub>2</sub> and estrone (E<sub>1</sub>). Thus,  $\Delta^5$ -diol may provide a constant estrogenic stimulus which, in postmenopausal women, would be unopposed by progesterone and may contribute to the risk of breast cancer. Although the dual estrogenic and androgenic activities of  $\Delta^5$ -diol are well recognized, the strength of these activities relative to those of the potent hormones E<sub>2</sub> and dihydrotestosterone (DHT), respectively, has not yet been clearly established. To this end, we evaluated the estrogenic activity of  $\Delta^5$ -diol through production of the estrogen-regulated pS2 protein and its androgenic activity via production of androgen-regulated prostate-specific antigen (PSA) in human breast and prostate cancer cells, respectively.  $\Delta^5$ -Diol was added to BT-474 human breast cancer cells and PC3(AR)2 human prostate cancer cells containing transfected androgen receptors, at final concentrations of 1 x 10<sup>-5</sup> to 1 x 10<sup>-10</sup>M, and incubated for 7 days. E<sub>2</sub> and DHT at 1 x 10<sup>-7</sup>M served as positive controls. The supernatants were harvested and analyzed for pS2 and PSA by use of our previously developed and validated ELISA-type competitive fluorometric immunoassay and ultrasensitive time-resolved immunofluorometric assay methods, respectively. The results are shown below:

	$\Delta^5$ -diol				E			DHT
	1x 10 <sup>-5</sup> M	1x 10 <sup>-6</sup> M	1x 10 <sup>-7</sup> M	1x 10 <sup>-8</sup> M	1x 10 <sup>-10</sup> M	1x 10 <sup>-7</sup> M	1x 10 <sup>-7</sup> M	1x
pS2(ng/ml)	1200	1600	1300	800	100	0	1000	
PSA (pg/ml)	600	550	900	1100	650	180		1000

We conclude that  $\Delta^5$ -diol (1) has high estrogenic activity, similar to that of E<sub>2</sub>, in BT-474 human breast cancer cells and substantial androgenic activity in prostate cancer cells; (2) may contribute significantly to the estrogenic/androgenic hormonal milieu of breast and prostate cancer cells; (3) should be included together with E<sub>2</sub> and E<sub>1</sub> in studies investigating the role of estrogens in the etiology of breast cancer.