

## **Take Care: Mid-Career Stretch!**

### **DATES AND TIMES**

1:30 pm Monday May 16<sup>th</sup> – 4:30 pm Wednesday May 18<sup>th</sup>, 2011

### **PLACE**

Atlantic School of Theology  
660 Francklyn St. Halifax, NS B3H 3B5  
Find out more about AST at [www.astheology.ns.ca](http://www.astheology.ns.ca).

### **COST**

**Residential** - includes single accommodation at St. Mary's University ([www.smu.ca](http://www.smu.ca)), all meals from Monday dinner-Wednesday lunch, breaks and program costs. **\$395**

**Commuter** - includes lunches Monday-Wednesday, dinner Monday and Tuesday, breaks and program costs. **\$295**

All fees include \$50.00 non-refundable deposit.

Payment can be made by cheque, made out to Knox College, or by credit card (securely online, by phone or on the registration form).

**Full payment is due by May 6th, 2011. This is also the last day for a full refund, less the deposit, should you have to cancel.**

### **REGISTER OR CONTACT US FOR MORE INFORMATION**

Mail: The Centre for Clergy Care and Congregational Health  
59 St. George St. Toronto, ON M5S 2E6

E-mail: [clergy.care@utoronto.ca](mailto:clergy.care@utoronto.ca)

Phone: 416-978-7799

Online: [www.caringforclergy.ca](http://www.caringforclergy.ca) – click on Centre Events and Take Care

**Registration Deadline – April 29<sup>th</sup>, 2011**

### **About this event...**

We all need time - time to dream dreams and have renewed vision. When was the last time you had opportunity to dream and imagine what could be?

Research has shown that as we approach the decade mark in our ministry, a time of reflection and refocus is often needed. The sparks of newness have faded and the finish line seems far off. Issues of mid-life begin to creep in. The Centre offers this event for those in their 8<sup>th</sup>, 9<sup>th</sup> or 10<sup>th</sup> year of pastoral ministry or in the midst of their mid-life years.

Come and experience time with colleagues, consider your journey and equip yourself to continue with renewed vitality and self-awareness!



### **Event Facilitator**

Andrew Irvine is the Director of the Centre for Clergy Care and Congregational Health and the Toronto School of Theology's Doctor of Ministry program. Andrew also teaches Pastoral Theology at Knox College.

Andrew's interests include issues of leadership and pastoral ministry, the well-being of clergy, congregational studies and small church ministry.

Find out more about The Centre for Clergy Care and Congregational Health at [www.caringforclergy.ca](http://www.caringforclergy.ca).

