SkinCare

The Spadirect skin care experience will give your skin new life and all the necessary ingredients to be the healthiest it can be. Spadirect Skin Care Facial Treatments will provide your skin with all the necessary ingredients for optimal clinical results.

Specialized Facial Treatment 1hr \$95 • A customized facial prescribed just for your skin type. 30 min \$60

MiniSpaFacial

VitaminCSkinTherapy

• Utilizing the highest quality of vitamin C to hydrate, restore and visibly reduce the signs of aging.

1hr 20 min \$110

\$60

\$150

Anti-AgeRepairTreatment 1hr 30 min \$155 • Restoring your skin with collagen therapy to renew the skin tissue. Instantly softens lines and wrinkles and gives your skin that radiant glow.

Contouring**Eye**Treatment 30 min \$45 • A delicate blend of plant and herbal extracts to soothe.calm and minimize dark circles and firm the delicate tissue around the eye area.

30 min \$50 **NourishingEyeTreatment** • A conditioning therapy treatment with anti-aging properties to safeguard against the signs of aging. Softens fine lines and repairs damaged tissue.

30 min <u>\$55</u> Anti-AgingHandTherapy •To renew skin tissue, Fade brown spots and minimize the signs of aging.

SpaSoleil 'A Sunless Tan'

FortheFace

Treatment Includes: Aromatic Enzyme Facial Scrub, Hydrating face, neck and shoulder massage, finished with a Sunless Tanning treatment for the face and neck.

FortheBody Treatment Includes: Botanical Body polish, A

Sunless Tanning Treatment for the body and finished with a Rejuvenating moisture massage.

SpadirectHairRemovalCare

Eyebrow Shaping	\$20	Half leg & Bikini	\$65
Upper Lip	\$15	Full leg & Bikini	\$95
Upper Lip/Chin	\$15	Bikini	\$35
Sides of Face	\$25	Abdomen	\$30
Full Arms	\$40	Underarms	\$25
Half Arms	\$28	Chest	\$55
Full Legs	\$70	Shoulders	\$25
Half Legs	\$40	Back	\$65

Full Bikini waxing \$45 & up EyeBrowTinting \$30 EyeLashTinting \$30

HairCare

HealthyHairBotanicalTreatment \$55 A stimulating scalp massage using a blend of lavender, rosemary, cypress and thyme essential oils to nourish and invigorate the scalp. Finished with a stimulating hair mask.

Up-do's&HairStylingformed-Long\$85Short\$65 \$75 MakeUp

Ask us about our Bridal Packages.

HandandFootCare

SpaManicure

Relaxing aromatic cuticle & nail soak • Cuticle trim & repair • Customized nail shaping • Nail strengthening treatment • Soothing hand and arm massage. Add \$5 for a French polish.

45 min \$45

PolishChange	\$20
SpaPedicure	60 min \$55

Soothing aromatic foot soak • Removal of calluses • Manicure of toe nails • Relaxing foot and leg massage • Polish of choice.

BotanicalScrub for Hands or Feet \$25

Soothing Algae Wrap for hands or feet \$35

SpaeXpress®

For the Client who is pressed for time and in a rush, our all-in-1 care is just for you... facial, pedicure and manicure, all in a SpaceXpress 1hr 30min \$175

GROOMED for SUCCESS

Spa Experiences Designed Exclusively for Men

GroomingManicure

Aromatic nail soak, cuticle trim & repair, nail shaping and InvigoratingHand & Arm massage.

GroominaPedicure

Aromatic soak, callous removal, manicure nails, invigorating foot massage

PowerFacial

An Invigoration experience for the skin, Deep cleansing, refreshing treatment to nourish the skin, prevent in-grown hairs and promote vitality.

YOGA . PILATES . PERSONAL TRAINING

Private Lessons

75mins \$90&up.

35 mins \$40

45 mins \$50

60 mins \$85

direct Gift Certificates **Perfect For Every Occasion!** Ask about our Corporate **REWARD & INCENTIVE** Programs

Reserve Your Spadirect® **Experience Today!** Call 905-848-5464 or 1-877-772-3977 info@spa-direct.com visit us @ www.spa-direct.com **Operating Hours** Monday to Sunday 9:00am - 10:00pm

Additional parking charges may apply. Additional surcharge for any services outside regular operating hours. All Spadirect services are strictly therapeutic and professional. Minimum \$50 to visit your guest room and \$150 to visit your home or office. Taxes and Gratuities are not included. Prices are subject to change without notice. **Business Opportunities Available** ©Copyright 2007. Spadirect Inc.



Spadirect_® ' the spa comes to you '







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Spadirect, the spa that comes to you, is North America's first and largest mobile spa company, providing spa, esthetic and wellness care therapies directly in the comfort and convenience of your personal surroundings.

Spedirect specializes in Mobile Office and Home spa experiences, corporate and special events, on-site wellness programs, Bridal Spa packages and Spedirect is your one and only Spa Party destination.

Enjoy Any of Spa<u>d</u>irect's Signature Spa Party Experiences:

- Chocolate Spa Party
- Yoga Spa Party
- Manicures and Martinis
- Pajama Spa Party
- SPA LaCarte
- Spa and Wellness Reception
- Bridal Spa Packages
- Couples Spa Experiences

Special and Corporate Events:

- Corporate and Special Events
- Tradeshows
- Spousal Packages
- Spa and Golf Experiences
- Rewards, Gifts, Incentives
- Wellness in the Workplace

Spadirect Prescriptive Care®

Spadirect Prescriptive Care is designed to help correct those aching matters, relieve stress and turn back the hands of time. Prescriptive Care Therapies focus on your physical ailments to minimize discomfort and increase longevity. Spadirect's primary focus is your personal well being. Spadirect's team of professionals will provide an integration of therapies that address the skin, body and psyche, emphasizing on `Total Body-Wellness.'

Choose any of the following *Prescriptive Care Therapies* for only \$185. 1hr 30min.

TensionHeadache

Treatment includes: Spadirect welcome massage • Warm therapeutic heat pack for the head, neck and shoulders • Aromatherapy massage for the hands, feet and calves • Acupuncture facial • Head, neck and shoulder massage to promote blood flow and ease tension • Finished with a cooling and soothing aromatic face pack.

Experience a natural alternative for pain relief!

TiredAchingBody

Treatment includes: Spodirect welcome massage Soothing blend of essential oils prepared for you • A deep tissue massage for the back, neck, shoulders and legs • Reflexology for the hands and feet • Cooling camphor wrap for sore joints, hands and feet to reduce stiffness and inflammation • Finished with a relaxing scalp massage.

Discover a new way to energize, refresh and rejuvenate your mind and body!

Stressful**Day**

Treatment includes: Spadirect welcome massage A relaxing blend of essential oils created to soothe away that stressful day Therapeutic massage to relax your body and calm your mind Warm hydrating rejuvenating facial mask Finished with an acupuncture scalp treatment.

Spadirect Prescriptive Care®

Choose any of the following *Prescriptive Care Therapies* for only \$225. 2 hrs.

AntiAging – ForYourSkin

Treatment includes: Spadirect's Specialized skin therapy treatment to restore, repair and revitalize the skin • Specialized anti-aging care for the eyes and neck • Head, neck and shoulder massage • Vitamin C or Collagen mask • Anti-aging treatment for your hands • Finished with a replenishing hair and scalp treatment.

AntiAging – ForYourBody

Treatment includes: Spadirect's specialized body therapy treatment to firm, regenerate and restore youthfulness to your body. • Botanical body polish • Body contouring treatment to improve skin tone and texture • A blend of detoxifying and replenishing essential oils for a lymphatic body massage.

BodyTherapy

Spadirect's selection of therapeutic body care treatments are designed to reduce stress and help restore youthfulness to your body. Our collection of body therapies have been carefully formulated to meet all the demanding needs of our bodies today.

Escape and Experience the Ultimate in Body Care.

SeascapeBodyTreatment 2hr 30 min \$225 The ultimate in therapeutic care. Remineralizing body care to improve skin tone, relax the muscles and soothe the mind. Treatment includes: Botanical Body Polish, detoxifying and calming mineral body mask, finished with a relaxing 1hr Aromatherapy body massage.

BodyFacial 1hr 30min

A treatment that provides intense hydration and makes the skin feel velvety smooth. You begin with an exfoliating enzyme body scrub and finish with an aromatherapy body massage.

\$145

\$75

BodyPolish 30 min

An exfoliating treatment to provide your skin with that vibrant, healthy glow. Includes moisture massage.

MassageTherapy

All Massages are provided by your choice of Registered Massage therapists or certified Spa therapists that specialize in various professional and therapeutic massages therapies.

SpaTherapistsFees: 30 mins \$65 • 60 mins \$95 • 90 mins \$140 • 120 mins \$175

RegisteredMassageTherapyFees:

30 mins \$75 60 mins \$110 90 mins \$165 120 mins \$195

AromatherapyMassage: A soothing soulful retreat that will pamper your senses and provide a relaxing massage utilizing a blend of essential oils that will calm the mind and body and uplift your spirit. 60 mins . 90 mins . 120 mins

SwedishMassage: Traditional massage technique that uses a combination of movements to ease sore muscles, release tension and improve circulation, leaving you rejuvenated and refreshed. 30 mins . 60 mins . 90 mins . 120 mins

Shiatsu Massage:Shiatsu is a JapanesehealingartbasedonancientChinesemedicalpracticesutilizinggentleordeepmanualaccupressurepoints.75mins.\$120

Sports Massage: Deep tissue massage techniques used to increase circulation and ease tight, tense muscles. Excellent after a strenuous workout! Provided only by an RMT. 30 mins . 60 mins

Pregnancy Massage: This Massage is designed specifically for the pregnant woman who is in need of relaxation which minimizes the physical ailments common to pregnancy. 60 mins.

Couples Massage: Pamper your relationship and Enjoy Side-by-Side Massages of your choice. 60 mins . 90 mins . 120 mins per person.

Nirvana: Discover the 4-Handed massage experience, the ultimate pampering retreat for one. The massage work is done by two spa therapists uniting their energies and hands on technique, using synchronized movement, rhythm and pressures to take your mind and body into a state of complete tranquility. Treatment Time: 75mins \$ 225

Hot**Stone**Massage: This treatment utilizes hot basalt stones and aromatic oils that glide along the body, utilizing unique movements to massage out tension and stress in the muscles. Treatment Time: 75mins \$150