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Home and Community Care Highlights Volume 6, Number 1: January 2007

Home and Community Care Highlights responds to decision-makers' needs for timely and relevant evidence by providing accessible synopses of recent research pertaining to the financing, delivery, and organization of home and community-based health care activities.

Synopses are provided in two formats. *Headlines & Conclusions* crystallize the take-home messages of the research in a few sentences. *Thumbnail Summaries* condense the background, methods, findings, and conclusions of the research into quick-to-use, single-page overviews that include reference information.

This digest is produced quarterly at the University of Toronto by the CHSRF/CIHR Health Services Chair in Health Care Settings and Canadians and remains the property of the Chair.

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This issue focuses on: the implementation of competition policies in the home care market; the implementation of a palliative care program; patient safety in Canadian home care settings; the relationship between depression and social engagement in the elderly; the relationship between unpaid caregivers and illness detection among nursing home residents; the experiences of new Canadians acting as unpaid caregivers; the effectiveness of the influenza vaccine among the elderly population; and interventions that reduce disability in later life. Specifically, the following topics are addressed:

- 1) The challenges of introducing competition to health care markets: A home care case study
- 2) Physicians' involvement key to success of new palliative care program
- 3) Patient safety beyond the hospital setting: A look at home care
- 4) Social engagement can protect community-dwelling elderly from depression
- 5) Unpaid caregiver involvement can improve illness detection in nursing homes
- 6) Asian unpaid caregivers experience difficulties accessing services
- 7) How effective are vaccines at preventing influenza in the elderly?
- 8) Reducing the burden of late-life disability