

# Home and Community Care Highlights

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**In this issue:**

- the use of vitamin D, low-intensity strength exercise program and physical rehabilitation for reducing falls and improving physical function of older adults;
- the effect of physical restraint use on the safety of nursing home residents;
- the economic and health benefits of early hospital discharge at home services and restorative approaches to home care;
- the impact of demographic factors on informal caregivers' psychosocial and physical health;
- factors affecting the use of health services in the end of life phase;
- whether avoidable mortality is related to physician supply using the data from 19 countries

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