



Noticias News Nouvelles

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University of Toronto Maternal, Infant and Reproductive Health Research Unit
at The Centre for Research in Women's Health

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Read All About It!

<p>OVERALL TOTAL: 33 TOTAL THIS MONTH: 12</p>

Collaborators' Meeting

We would like to thank everyone who attended the first TBS International Collaborators' Meeting. We are delighted to report that the meeting was a great success! We have had an overflow of positive feedback and many helpful suggestions. We all are looking forward to moving ahead with the study.

Twenty-three countries were represented at the meeting! Please see the following page for a list of collaborators who attended.



Welcome to TBS!

A warm welcome to Dr Ricardo Savransky at Ramos Mejia, *Buenos Aires*, Argentina. Congratulations on obtaining your local ethics approval and great job in recruiting your first patient!

Good work!

Congratulations to Dr Arthur Zaltz and team at Sunnybrook & Women's, *Toronto*, Canada for making your annual recruitment goal! Keep up the good work!



Pelvic Floor Exercises

As stated in the protocol section 2.3.6, "Pelvic floor muscle training during pregnancy and during the first few months postpartum has been shown to reduce the prevalence of postpartum incontinence. All women will therefore be encouraged to undertake pelvic floor muscle exercises and to continue them after delivery". One of our secondary outcomes is to assess the occurrence of problematic urinary incontinence. It is important that everyone remembers to educate their patients on the importance of pelvic floor muscle training - not only during the first few months postpartum but also during pregnancy. To help facilitate the ongoing education, we are providing handouts about Pelvic Floor Exercises as part of your TBS start-up kits. If additional handouts or a translation is needed, please contact the Data Coordinating Centre.



Update on MREC

We were notified by Dr. Jim Thornton of Nottingham, *Nottingham City*, UK that TBS has received full **MREC Approval!!!** A special thank you to Dr Thornton and to Dr Susan Ross for your untiring efforts in the application process. For those sites that this will affect, we will be contacting you shortly to give you directions on how to proceed with joining TBS.



Below is a list of Collaborators who attended the first Twin Birth Study International Collaborators' Meeting:

ARGENTINA *Posadas, Buenos Aires:* Dr. Florencio Franze, Dr. Lucio Ribola. *Ramos Mejia, Buenos Aires:* Dr. Armando Julio Dunaiewsky, Dr. Ricardo Savransky. **AUSTRALIA** *Mater Mothers', Brisbane:* Ms Sue Jenkins-Manning. *Royal Brisbane & Women's, Brisbane:* Ms Val Smith-Orr. *Royal Women's, Carlton:* Dr Ian McCahon. *Monash, Clayton:* Dr Danielle Wilkins. *Women's & Children's, North Adelaide:* Dr Jodie Dodd. *Royal Prince Alfred, Sydney:* Prof Janet Vaughan. *Toowoomba Base, Toowoomba:* Dr Kassam Mahomed. *Townsville, Townsville:* Ms Annemarie Lawrence. **BELGIUM** *Vrije Universiteit Brussel, Brussels:* Dr Ria Breugelmans, Dr Monika Laubach. **BRAZIL** *ISCMPA – Maternidade Mario Totta, Porto Alegre:* Dr Antonio C Ayub. **CANADA** *IWK Health Centre, Halifax:* Dr Anthony Armson. *McMaster, Hamilton:* Ms Elaine Moore. *University of Western Ontario, London:* Dr Rob Gratton. *Trillium Health Centre, Mississauga:* Ms Danita Barry. *Royal Columbian, New Westminster:* Dr Duncan Farquharson, Ms Lily Lee. *North Bay General, North Bay:* Dr Ramesh Kulkarni. *Lion's Gate, North Vancouver:* Dr Steven Kaye. *Ottawa – General Division, Ottawa:* Dr Karen M Fung Kee Fung, Ms Laura Payant, Ms Ruth Rennicks-White, Dr. Mark Walker. *Regina General, Regina:* Dr George D Carson. *York Central, Richmond Hill:* Ms Debbie Nemtean, Dr David Rosman. *Royal University, Saskatoon:* Dr Femi Olatunbosun. *Mount Sinai, Toronto:* Ms Karen E Muller, Dr Nannette Okun. *Sunnybrook & Women's College, Toronto:* Ms Beth Gherson. *Children's & Women's of BC, Vancouver:* Dr Alain Gagnon. **CHILE** *Sótero del Río Puente Alto:* Dr Ricardo Gómez. *Gustavo Fricke, Vina del Mar:* Dr Luis Leighton. **CROATIA** *Sveti Duh, Zagreb:* Dr Ozren Grgic, Dr Ratko Matijevic. **DENMARK** *Aarhus University, Aarhus:* Ms Anne Mouritzen. **EGYPT** *Assiut University, Assiut:* Dr Ahmad Makhlof. **ESTONIA** *Tartu University Clinic, Tartu:* Dr Kristiina Rull. **FRANCE** *CHI Poissy, St-Germain-en-Laye:* Dr Romaine Robyr. **GERMANY** *Benjamin Franklin, Berlin:* Dr Andreus Nonnenmacher. *Ludwig Maximilians University, Munich:* Dr Maria Delius, Dr Uwe Hasbargen. **HUNGARY** *University of Debrecen, Debrecen:* Dr Tamás Major, Dr Judit Zsadányi. **IRELAND** *Erinville Hospital, Cork:* Ms Mary Leahy. **ISRAEL** *Haemek, Afula:* Dr Raed Salim. *Ma'ayney-Hayeshua, Bnei Brak:* Dr Benny Chayen, Dr Linda Harel, Ms Sima Siev. *Bnai Zion, Haifa:* Dr Ron Gonen. *Edith Wolfson, Holon:* Ms Carolina Baider, Dr Samuel Lurie. *Meir, Kfar-Saba:* Dr Shmuel Goldberger. **JORDAN** *Islamic, Amman:* Dr Mazen Y El-Zibdeh. **THE NETHERLANDS** *Atrium Medical Center, Heerlen:* Ms Hanny Ploum, Dr. Frans Roumen. *Academisch Ziekenhuis, Maastricht:* Dr Frans Smits. **POLAND** *Medical University of Gdansk, Gdansk:* Dr Krzysztof Preis, Dr Malgorzata Swiatkowska-Freund. **SINGAPORE** *KKH, Singapore:* Dr Tony Yew Teck Tan. **SPAIN** *UB Hospital Clinic, Barcelona:* Dr Anna Gonc . **SWITZERLAND** *University Women's Hospital, Basel:* Dr Irene H sli. **UK** *Bradford Royal Infirmary, Bradford:* Ms Diane Farrar. *Cumberland Infirmary, Carlisle:* Dr William Reid. *Diana, Princess of Wales, Grimsby:* Dr Ibrahim I Bolaji. *Liverpool Women's, Liverpool:* Ms Lorna Wood. *The Maidstone Hospital, Maidstone:* Dr Mohamed Mossa. *Nottingham City, Nottingham:* Dr James Thornton. **USA** *Hutzel, Detroit:* Ms Lorraine Nikita. *Baylor College of Medicine, Houston:* Ms Naomi Frierson, Dr Laura Goetzl. *Jamaica Hospital, Jamaica:* Ms Melanie Summersille. *Texas Tech UHSC, Lubbock:* Ms Tonya Goldston, Ms Cathy Hudson. *East Bay Perinatal, Oakland:* Ms Mary Diogo, Ms Mary Faulkner, Dr Stuart M Lovett. *Maricopa, Phoenix:* Dr Dean Coonrod, Ms Kelli Williamson. *Baystate Medical Center, Springfield:* Dr Fadi Bsati. **Guest Speaker:** Dr Louis Keith (Chicago, USA) **Other Invited Guests:** Dr Kellie Murphy (Mt Sinai, Toronto) Dr Rory Windrim (Mt Sinai, Toronto) **Steering Committee:** Dr Alexander Allen, Dr Anthony Armson, Dr Elizabeth V Asztalos, Prof Amiram Gafni, Ms Julia Hanigsberg, Dr Mary Hannah, Ms Sheila Hewson, Dr KS Joseph, Dr Nannette Okun, Dr Susan Ross, Dr Andrew Willan.

Twin Birth Study Recruitment

(planned enrolment of 2800 by June 2008)

as of May 31, 2004

Annual Goal	Dec 2003	Jan 2004	Feb 2004	March 2004	April 2004	May 2004	Total
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COUNTRY

ARGENTINA	16			5	2		5	12
CANADA	10	3	1	1	1	1	2	9
BELGIUM	3			3				3
ISRAEL	5				2	1		3
JORDAN	9					1	1	2
CHILE	5						1	1
EGYPT	20						1	1
HUNGARY	4						1	1
POLAND	2						1	1
Total	74	3	1	9	5	3	12	33

CENTRES BY COUNTRY

(Shaded area is prior to start-up)

ARGENTINA								
LC Lagomaggiore, Mendoza	12			5	2		4	11
Ramos Mejia, Buenos Aires	4						1	1
CANADA								
Sunnybrook & Women's, Toronto	5	3	1	1	1	1	1	8
Royal Columbian, New Westminster	5						1	1
BELGIUM								
Vrije Universiteit Brussel, Brussels	3			3				3
ISRAEL								
Edith Wolfson Medical Center, Holon	5				2	1		3
JORDAN								
Islamic Hospital, Amman	9					1	1	2
CHILE								
Gustavo Fricke Hospital, Vina del Mar	5						1	1
EGYPT								
Assiut University, Assiut	20						1	1
HUNGARY								
University of Debrecen, Debrecen	4						1	1
POLAND								
Medical University of Gdansk, Gdansk	2						1	1

Centres awaiting first patient: [COUNTRY: Hospital, City (annual goal)] [month/year start-up package sent]

ARGENTINA: Posadas, Buenos Aires (6) [04/04]; **CANADA:** Calgary Health Region, Calgary (18) [03/04], Mount Sinai Hospital, Toronto (11) [03/04]; **CROATIA:** Sveti Duh, Zagreb (4) [04/04]; **ISRAEL:** Bnai Zion Medical Center, Haifa (8) [04/04], Ma'ayaney Hayeshua, Bnei Brak (10) [04/04], Meir Hospital, Kfar Saba (8) [03/04]; **THE NETHERLANDS:** Academic Hospital Maastricht, Maastricht (2) [01/04], Atrium Medical Centre, Heerlen (3) [03/04]; **USA:** Baylor College of Medicine, Houston (11) [03/04], Baystate Medical Center, Springfield (6) [03/04], Texas Tech University, Lubbock (4) [04/04]